

# Podomatic

"Podcasting is a term used to describe a collection of technologies for automatically distributing audio and video programs over the internet ...Podcasting enables independent producers to create self-published, syndicated "radio shows," and gives broadcast radio or television programs a new distribution method.  
Any digital audio player or computer with audio-playing software can play podcasts...."

From Wikipedia, the free encyclopedia. <http://en.wikipedia.org/wiki/Podcast>

## Sign Up for Podomatic:

Steps:

1. Go to <http://podomatic.com> and click on the **sign-up** link in the upper right hand corner.

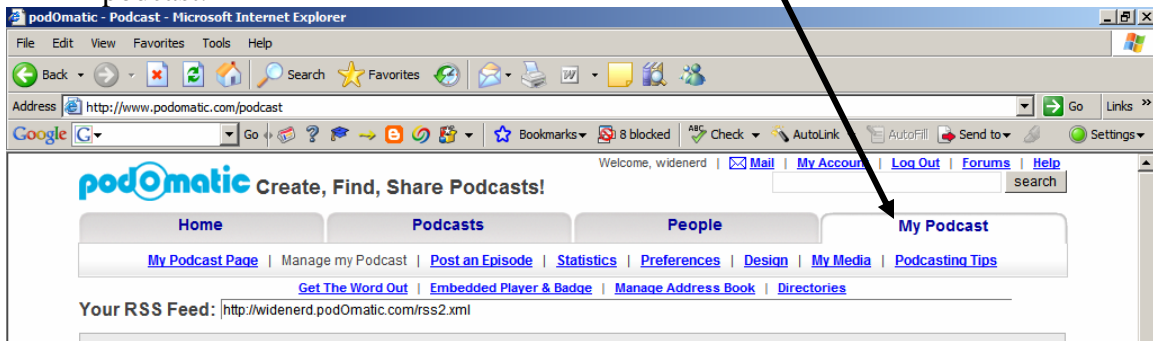




2. Fill out the form and then click sign-in. You are set and ready to begin your podcasting.



3. When you are logged into podomatic click on **My Podcast** and then post your podcast.



4. Remember you must save your file as an MP3 before you upload to podomatic.com.